



Oak Park Our Whole Lives

K/1st Grade Schedule Winter 2023

The class has 1 Family Information Meeting and 8 regular sessions.

Family Information Meeting—Choose One. (Required, meets on Zoom)

Tuesday	1/17	6:30-8 pm
Wednesday	1/18	6:30-8 pm

Regular sessions (In Person):

Sunday	1/22 - 3/19 (No Class on 2/19)	2:45-4 pm
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Session Topics

1/22	Session 1	Our Wonderful Bodies, Part 1 Note that this class is 2:45-4:30. Parents are expected to stay for the first 30 min.
1/29	Session 2	Bodies and Gender
2/5	Session 3	Body Boundaries
2/12	Session 4	Families
2/26	Session 5	How Babies Begin
3/05	Session 6	Pregnancy and Birth
3/12	Session 7	Babies
3/19	Session 8	Parent/Child Celebration! (Parents expected to attend for the whole session.)

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

*Covid policies: **Vaccinations required for all students and facilitators.** All participants should be masked whenever they are in the building. Please share with us if your child tests positive for covid. If there has been exposure we will notify close contacts and/or pause the class until it is safe to resume. Because of this, dates of the sessions are subject to change.*