



Oak Park Our Whole Lives

7/8th Grade Schedule Winter 2023

The class has 1 Family Information Meeting and 12 regular sessions

Family Information Meeting (required, will meet on zoom):

Thursday	1/19/2022	6:30-8 pm
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Regular sessions (In Person):

Sunday	1/22 - 4/30 (Class Does Not Meet: 2/19, 3/26 or 4/9)	5:30-7:30 pm
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Session Topics

1/22	Session 1	Introduction to OWL
1/29	Session 2	Anatomy
2/5	Session 3	Sexual Identity
2/12	Session 4	Body Image and Self-Respect
2/26	Session 5	Puberty
3/5	Session 6	Dating and Communication
3/12	Session 7	Healthy Relationships
3/19	Session 8	Arousal
4/2	Session 9	Consent and Accountability
4/16	Session 10	Safer Sex
4/23	Session 11	Pregnancy and Parenting
4/30	Session 12	Sexual Decision-Making

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

*Covid policies: **Vaccinations required for all students and facilitators.** All participants should be masked whenever they are in the building. Please share with us if you or your child tests positive for covid. If there has been exposure we will pause the class and resume when it is safe to do so. Because of this, dates of the sessions are subject to change.*

Last modified on: 11/14/2022