Oak Park Our Whole Lives

1st Grade Schedule Winter 2027

The class has 1 Family Information Meeting and 8 regular sessions.

Family Information Meeting—Choose One. (Required, meets on Zoom)

Tuesday	1/19	7:00-8:00 pm
Wednesday	1/20	7:00-8:00 pm

Regular sessions (In Person):

Sunday	1/24 - 3/21 (Class Does Not Meet 2/14)	3:15-4:15

1/24	Session 1	Child Orientation and Welcome to Our Whole Lives ***Parents are expected to stay for the first 30 min.***
1/31	Session 2	Our Wonderful Bodies
2/7	Session 3	Bodies and Gender
2/21	Session 4	Body Boundaries
2/28	Session 5	Families
3/07	Session 6	How Babies Begin
3/14	Session 7	Caring for Babies
3/21	Session 8	Celebration (*Parents expected to stay for the whole session*)

Session Topics

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

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