Oak Park Our Whole Lives

8th Grade Schedule Winter 2027

The class has 1 Family Information Meeting and 12 regular sessions

Family Information Meeting—Choose One. (Required, meets on Zoom)

Tuesday	1/19	7:00-8:00 pm
Wednesday	1/20	7:00-8:00 pm

Regular sessions (In Person):

Sunday	1/24 - 4/25 (Class Does Not Meet 2/14 or 3/28)	3:00 - 5:00 pm

Session Topics

1/24	Session 1	Introduction to OWL
1/31	Session 2	Anatomy
2/7	Session 3	Sexual Identity
2/21	Session 4	Body Image and Self-Respect
2/28	Session 5	Puberty
3/7	Session 6	Dating and Communication
3/14	Session 7	Healthy Relationships
3/21	Session 8	Arousal
4/4	Session 9	Consent and Accountability
4/11	Session 10	Safer Sex
4/18	Session 11	Pregnancy and Parenting
4/25	Session 12	Sexual Decision-Making

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

Last modified on: 11/1/2026