



# Oak Park Our Whole Lives

## 8/9th Grade Schedule Fall 2022

The class has 1 Family Information Meeting, 12 (2 hour) sessions

### Family Information Meeting (required, meets on Zoom):

Tuesday	9/13	6:30-8 pm
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### Regular sessions (In Person):

Sunday	9/18-12/18 (No Class on 9/25 or 10/9)	5:30-7:30 pm
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### Session Topics

9/18	Session 1	5:30-7:30 pm	Introduction to OWL
10/2	Session 2	5:30-7:30 pm	Anatomy
10/16	Session 3	5:30-7:30 pm	Sexual Identity
10/23	Session 4	5:30-7:30 pm	Body Image and Self-Respect
10/30	Session 5	5:30-7:30 pm	Puberty
11/6	Session 6	5:30-7:30 pm	Healthy Relationships
11/13	Session 7	5:30-7:30 pm	Dating and Communication
11/20	Session 8	5:30-7:30 pm	Arousal
11/27	Session 9	5:30-7:30 pm	Consent and Accountability
12/4	Session 10	5:30-7:30 pm	Safer Sex
12/11	Session 11	5:30-7:30 pm	Pregnancy and Parenting
12/18	Session 12	5:30-7:30 pm	Sexual Decision-Making

*Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.*

*Covid policies: **Vaccinations required for all students and facilitators.** Masks are not required, but this is subject to change. Please share with us if your child tests positive for covid. If there has been exposure we will notify close contacts and/or pause the class until it is safe to resume. Because of this, dates of the sessions are subject to change.*

*Last modified on: 8/17/2022*