



Oak Park Our Whole Lives

4th/5th Grade Schedule Winter 2023

The class has 1 Family Information Meeting and 9 regular sessions.

Family Information Meeting —Choose One. (Required, meets on Zoom)

Tuesday	1/17	6:30-8 pm
Wednesday	1/18	6:30-8 pm

Regular sessions (In Person):

Sunday	1/22 - 4/2 (Class Does Not Meet: 2/19, 3/26)	3-4:15 pm
--------	--	-----------

Session Topics

1/22	Session 1	Values and Sexuality
1/29	Session 2	Images in Popular Culture and Body Image
2/5	Session 3	Changes of Puberty
2/12	Session 4	Gender
2/26	Session 5	Feelings and Attractions
3/5	Session 6	Reproduction and Staying Healthy
3/12	Session 7	Decisions and Actions
3/19	Session 8	Consent and Peer Pressure
4/2	Session 9	Healthy Relationships and Celebration

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

*Covid policies: **Vaccinations required for all students and facilitators.** All participants should be masked whenever they are in the building. Please share with us if your child tests positive for covid. If there has been exposure we will notify close contacts and/or pause the class until it is safe to resume. Because of this, dates of the sessions are subject to change.*



Oak Park Our Whole Lives

4th/5th Grade Schedule Winter 2023