Oak Park Our Whole Lives

5th Grade Schedule Winter 2027

The class has 1 Family Information Meeting and 8 regular sessions.

Family Information Meeting —Choose One. (Required, meets on Zoom)

Tuesday	1/19	7:00-8:00 pm
Wednesday	1/20	7:00-8:00 pm

Regular sessions (In Person):

Sunday	1/24 - 3/21 (Class Does Not Meet 2/14)	3-4:15 pm

Session Topics

1/24	Session 1	Values and Sexuality
1/31	Session 2	Media and Popular Culture
2/7	Session 3	Bodies and Gender
2/21	Session 4	Changes of Puberty
2/28	Session 5	Feelings, Attractions, and Relationships
3/7	Session 6	Reproduction and Staying Healthy
3/14	Session 7	Consent and Peer Pressure
3/21	Session 8	Decisions and Affirmations

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.