



Oak Park Our Whole Lives

7/8th Grade Schedule Winter 2022

The class has 1 Family Information Meeting, 9 regular sessions, and 3 longer sessions.

Family Information Meeting (required, will meet on zoom):

Wednesday	1/5/2022	6:30-8 pm
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Regular sessions:

Sunday	1/9 - 4/10 (Class Does Not Meet: 1/16, 3/27)	6-7:30 pm or as noted
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All classes take place on Sunday evenings at Oak Park Friends School, located at 6300 Roosevelt Road, Oak Park, IL 60304.

Date	Session	Time	Topics
1/9	Session 1	6-7:30 pm	Introductions and Sexual Language
1/23	Session 2	6-7:30 pm	Gender Roles and Stereotypes
1/30	Session 3	4:30-7:30 pm	Sexual Orientation, Expression, and Identity: Physical Aspects <ul style="list-style-type: none"> • Anatomy • Sexuality and Disability
2/6	Session 4	4:30-7:30 pm	Sexual Orientation, Expression, and Identity: Emotions, Experiences Guest Panel from Community [NOTE: This is a change from the Original Schedule.]
2/13	Session 5	6-7:30 pm	Personal Concerns about Puberty [NOTE: This is a change from the Original Schedule.]
2/20	Session 6	6-7:30 pm	Healthy Relationships
2/27	Session 7	6-7:30 pm	Relationships Skills and Consent Education <ul style="list-style-type: none"> • Communication and Boundaries

			<ul style="list-style-type: none"> • Bystander Responsibilities and Ally Strategies
3/6	Session 8	6-7:30 pm	Body Image, Media and the Internet <ul style="list-style-type: none"> • Social Media • Pornography
3/13	Session 9	6-7:30 pm	Lovemaking and Communication <ul style="list-style-type: none"> • Redefining Abstinence (Othercourse)
3/20	Session 10	6-7:30 pm	Pregnancy, Parenting, and Unintended Pregnancy Options
4/3	Session 11	6-7:30 pm	STIs Contraception Safer Sex
4/10	Session 12	5:30-7:30 pm	Sexual Decision-Making <ul style="list-style-type: none"> • Communicating With a Sexual Partner • Celebration and Farewell

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

*Covid policies: **Vaccinations required for all students and facilitators.** All participants should be masked whenever they are in the building. Please share with us if you or your child tests positive for covid. If there has been exposure we will pause the class and resume when it is safe to do so. Because of this, dates of the sessions are subject to change.*

Last modified on: 12/13/2021